

Seeing Red.

A Memoir



By Jim Henson

"Jim's best book and at his best sharing the compassion and innovative approaches that enabled people to move through pain into hope." Jane Kirkpatrick, NY Times Bestselling author

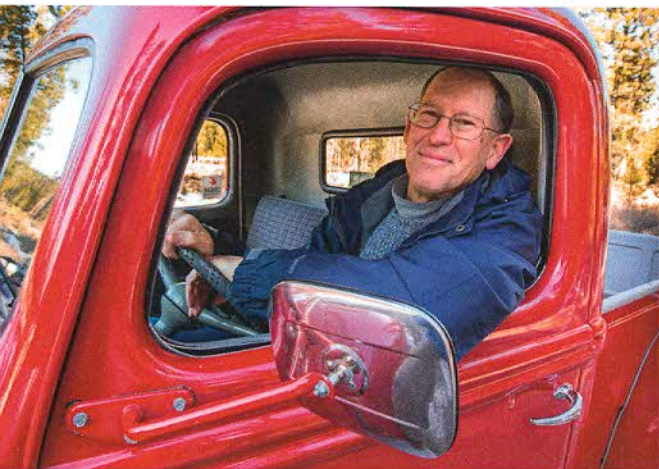
About Jim Henson, LCSW

Jim was Director of the Deschutes County, Oregon, Mental Health Department from 1973 to 1977. The tales in this book come from those years. He was seduced into taking the Directorship by its previous occupant, the late Charles Whitchurch, who was also known as "The Red Baron." Chuck became a dear friend and alter ego. A colleague once remarked, "the two of you almost make a complete person."

Jim was born in the Rogue River Valley of Oregon in 1944. He attended college in San Diego, where he met and married his beautiful bride of 48 years, and counting. He was a Magna Cum Laude graduate of California Western University in psychology, and received a Master's Degree in clinical social work from the University of Chicago School of Social Service Administration. These studies launched an over-40-year career in mental health services.

Jim worked for eight years in the public sector of mental health services in Oregon, as a Licensed Clinical Social Worker. Since then, he has been in private practice for 36 years. Jim closed his private practice on Halloween 2008, but continues his clinical work as a Certified Mental Health Examiner for Circuit Court in the State of Oregon. He is the author of two previous books:

Pee Up A Tree/A mental Health Memoir and Satisfaction Guaranteed/In Chicago.



Seeing Red: A Memoir by Jim Henson

Poignant, funny and authentically Jim. *Seeing Red* is a Doc Martin-esque return to an earlier Bend community with quirky and endearing characters, exceptional landscapes, a young family's settlement in a supportive community and an insider's look at community mental health and the tangles of state bureaucracy. This is Jim's best book and he's at his best sharing the compassion and innovative approaches he incorporated that enabled people to move through pain into hope. Well done my former boss, well done.

Jane Kirkpatrick, NY Times Bestselling author of *One Glorious Ambition: the Compassionate Crusade of Dorothea Dix* (Random House, 2013)

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Seeing Red: A Memoir set in the mid-1970s in a place called Central Oregon. It contains stories which have a foundation in actual experience. The entire manuscript, however, suffers from a common malady; even though these memories have been corroborated where ever possible by others, they all contain the bias of the author's perspective which could well be distorted by the long lens of the 40 years separation between viewing and writing. In addition, a true history would require more rigorous research and documentation. All those who have different memories can write their own book!

The names of all clients and client families have been changed, as have many locations and details. These alterations have been purposely made to protect the privacy and confidentiality of these wonderful and courageous people.

All of the dialogue exchanges are purely the invention of the author. This is the case because he does not possess a 40 year verbatim mind.

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